

- Form to be filled by the patient before each treatment -

Dear Patient,

In a while you'll get benefits from an innovative treatment for dry eye syndrome with the EYE-LIGHT® equipment.

This brochure contains information aimed at:

- Informing you about the stimulation technique of the meibomian glands through OPE® and LIGHT MODULATION® technologies;
- Verify the absence of contraindications related to the use of those technologies.

If all conditions are met and after your informed consent, the Doctor may proceed to the treatment safely and with maximum effectiveness.

THE TREATMENT:

OPE® : it is a polychromatic light which, thanks to thermal pulses, stimulates the meibomian glands to resume their normal activities. Applied to the periorbital areas and cheekbone, it stimulates the contraction of the glands by increasing the lipid stream and reducing the evaporation of tears.

LIGHT MODULATION® is a unique technology, or photobiomodulation (PBM) used since many years in various fields of medicine (dermatology, dentistry, etc.). The emission of a particular light at a certain wavelength triggers an endogenous heating of the eyelids. This treatment facilitates the spill - from meibomian glands - of the oil component of the tear, thereby stabilizing the lipid layer of the tear.

CONTRAINDICATIONS

The treatment is contraindicated in the following cases:

- Pregnancy
- Suspicious skin lesions in the area to be treated
- Epilepsy
- In the presence of metallic, electrical or acoustic implants
- Deficient immune system, autoimmune diseases
- Heart rhythm disturbances
- Photo-sensitivity
- Use of photosensitizing drugs
- Mole presence (to be covered)
- Febrile illness in progress
- Thrombophlebitis or phlebitis of the legs in the acute phase
- Diabetes
- Hypertension

If taking medications such as anti-inflammatories, anticoagulants, antibiotics and antihistamines, please notify your Doctor.

RISKS AND POSSIBLE COMPLICATIONS

OPE® - like any other treatment of pulsed light, it may have some side effects; among the most common include: transient erythema (redness), itching and edema (swelling) and transient hyperpigmentation. The equipment emits a strong intensity light which may cause, **if not properly protected**, temporary eye disorders. For this reason, the patient **should wear** before treatment, **the protective goggles** provided by the Doctor.

LIGHT MODULATION® - during application some temporary complications like slight pain, hyperpigmentation, hypopigmentation may appear.

TREATMENT PREPARATION

- Do not expose yourself to the sun, making solar lamps, apply self-tanning products 15-20 days before treatment.
- Do not take photosensitizing drugs, or if essential take refrain from informing the Doctor.
- Do not perform chemical, physical or enzymatic peels before and during the period of treatment with light technology.
- If taking medications such as anti-inflammatories, anticoagulants, antibiotics and antihistamines, please notify the Doctor.
- If you wear contact lenses, you should remove them before starting the treatment.

AFTER THE TREATMENT

After the treatment some slight redness may appear. It is recommended not to carry out other aesthetic medical procedures on the treated areas (but in general on the entire face) for the duration of the cycle. For at least 15 days after each session we suggest you to wear sunglasses.

The undersigned declares to have carefully read the information sheets attached and declares his consent to undergo treatment "DRY EYE" with OPE® and LIGHT MODULATION® technologies.

The Doctor explained to me in a comprehensive way the methods of treatment, risks, side effects, the post treatment recommendations and the results that can be achieved. I had the opportunity to ask clarifying questions, and I have received satisfactory answers.

I consent to be photographed and / or filmed before, during and after the sessions for the purpose of clinical documentation.

DATE

FAMILY NAME
 GIVEN NAME
 ADDRESS
 PHONE

SIGNATURE

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